

Kesh



What: Kesh means uncut hair.

Where: The hair is worn at the top of the head.

Why: Sikhs do not cut their hair as they believe that their hair is part of God's perfect creation.

How: Sikhs wear their hair tied into a knot and covered with a cloth.

Khanga



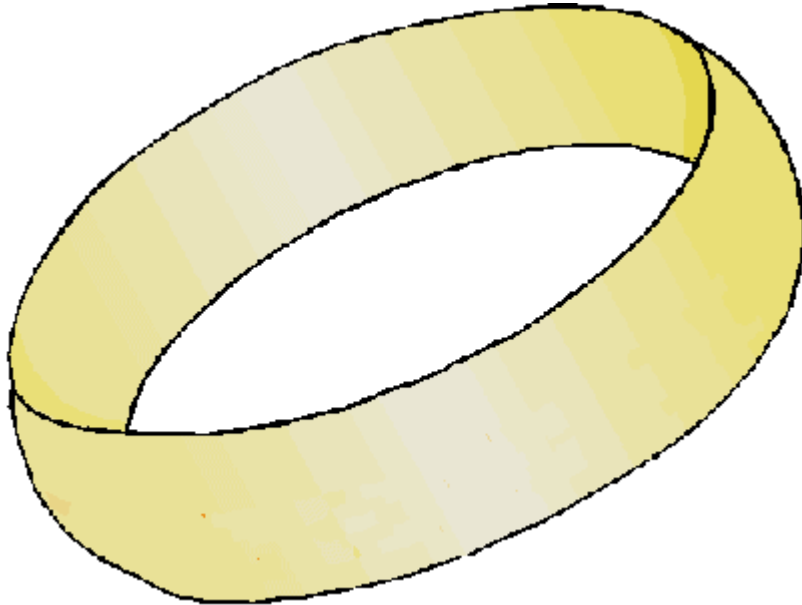
What: The Khanga is a small, wooden comb.

Where: The Khanga is small so that it can be carried in the hair.

Why: The Khanga is used to keep the hair tidy.

How: The Khanga is used to comb the hair.

Karra



What: The Karra is a circular bracelet.

Where: The Karra is a bracelet worn on the arm.

Why: The Karra is worn because everyone can afford one. It shows men are all equal to God.

How: The Karra is a circle which represents Man's bond with God.

Kachera



What: Kachera are shorts.

Why: The Kachera are respectable (polite) underclothes to wear

Where: The shorts are worn under clothes or they can be worn on their own.

How: The Kachera can be used as underclothes, or as shorts in hot weather. You can also swim in them.

Kirpan



What: Kirpan is a small, curved sword.

Where: The Kirpan is worn under the clothes.

Why: The Kirpan is worn for protection

How: The Kirpan should ONLY be used to defend yourself and for no other kind of fighting.

Sikhism



What: Sikhism is the fifth most popular religion in the world.

Where: There are Sikhs all over the world

Why: Sikhs believe in one God and they believe they should be kind to other people.